MARCH 2024



DALLAS BREAKFAST MENU WYCALLIS PRIMARY CENTER

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.
Choice of: Grain or grain/protein Choice of fruit or vegetable

(must take at least a 1/2 cup)

Choice of Milk
Choice of Milk - 1% white, fat-free
white,
fat-free chocolate
You must take at least 1/2 cup of fruit

or vegetable

Whole Grain Cereal Selection May Include:
Cinnamon Toast Crunch
Trix
Cocoa Puffs
Golden Grahams
Rice Krispies
Cheerios
Chex
Fruit Loops
Frosted Flakes

Daily Fruit Selections May Include:

Served with Graham Crackers

assorted canned and fresh fruit including oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, mandarin oranges, and 100% fruit juices

> Lunch Prices Students - \$0.00



Phone Number-(570)674-7208 ext:1039 Email- ma1042@metzcorp.com

Monday Tuesday

<u>Wednesday</u>

WYONELD FRIMARY GENTER

Thursday

Whole Grain Blueberry Bread

Friday

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk

4

Whole Grain Mini Waffles

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk Whole Grain Blueberry Muffin

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk

12

Graham Cracker

Cinni Minni

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk Whole Grain Strawberry Oatmeal Bar

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk Mini Strawberry Filled Bagel

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk

11

Whole Grain Banana Muffin Graham Cracker

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk Whole Grain Mini Pancakses

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 13 Whole Grain Cinnamon Bun

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 14
Apple Frudel

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 15 Whole Grain Blueberry Bread

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit

Choice of Milk

18

Whole Grain Mini Waffles

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 19

Whole Grain Blueberry Muffin Graham Cracker

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 20

Cinni Minni

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 21

Whole Grain Strawberry Oatmeal Bar

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 22 Mini Strawberry Filled Bagel

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk

25

Whole Grain Bnanana Muffin Graham Cracker

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 26

Whole Grain Mini Pancakes

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 27 1/2 DAY

Whole Grain Cinnamon Bun

Assorted 100% Fruit Juice & Assorted Fresh Fruit or Canned Fruit Choice of Milk 28





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