

MAY
2024



Metz
CULINARY MANAGEMENT

ELEMENTARY LUNCH MENU

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home:
Weekly entrée options may include:
Assorted cold sandwiches and hoagies including turkey and cheese, ham and cheese, and italian hoagie.
Peanut Butter and Jelly Offered Daily



Lunch Prices
Students Reduced- \$0.00
Students Paid- \$2.55
Adult \$4.00



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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Corn Dog on a Stick or Turkey & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk	2 Breaded Chicken Tenders Dinner Roll or Turkey & Cheese Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	3 Cheese Pizza or Turkey & Cheese Hoagie Featured Veggies: Steamed Carrots Fresh Vegetables Choice of Fruit Choice of Milk
6 BBQ Rib Patty or Ham & Cheese Hoagie Featured Veggies: Steamed Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	7 Nacho Grande Topping Bar or Ham & Cheese Hoagie Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	8 Cheeseburger or Hamburger on a Bun or Ham & Cheese Hoagie Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	9 Perogies with Butter Dinner Roll or Ham & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk	10 Italian Dunkers Marinara dipping Sauce or Ham & Cheese Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk
13 Breaded Chicken Nuggets with a Dinner Roll or Italian Hoagie Featured Veggies: Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	14 Walking Taco Topping Bar or Italian Hoagie Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	15 Breaded Chicken Patty on a Bun or Italian Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	16 Turkey Hot Dog on a Bun or Italian Hoagie Featured Veggies: Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	17 Cheese Pizza or Italian Hoagie Featured Veggies: Steamed Green Beans Fresh Vegetables Choice of Fruit Choice of Milk
20 Cheeseburger or Hamburger on a Bun or Turkey & Cheese Hoagie Featured Veggies: Smiley Fries Fresh Vegetables Choice of Fruit Choice of Milk	21 Nacho Grande Topping Bar or Turkey & Cheese Hoagie Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	22 Breaded Chicken Tenders Dinner Roll or Turkey & Cheese Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	23 1/2 DAY Grab & Go Lunch Available Wycallis Parents: Please sign the online form to purchase a lunch.	24 1/2 DAY Grab & Go Lunch Available Wycallis Parents: Please sign the online form to purchase a lunch.
27 NO SCHOOL MEMORIAL DAY	28	29	30	31