

March-April 2023



Elementary School Lunch Menu

What is a Meal?
 You must choose at least 3 of the 5 components available for the school lunch price.
 A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or meat alternate
 Choice of Vegetable
 Choice of Fruit
 Grain/Bread
 Choice of Milk

Weekly Vegetable Subgroups May Include:
 Dark Green - spinach, broccoli, romaine and spring salad
 Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
 Legumes - beans and peas
 Starchy - potatoes, corn, peas & lima beans
 Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
 Oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Weekly Hoagie Selection

To add funds to your child's account, please visit:
SCHOOLCAFE.COM

****Menu subject to change due to product availability****

Lunch Prices
 Student \$2.55
 Reduced \$.40
 Adult \$3.60

General Manager
 Tracy Drank
 Phone Number
 570-674-7208 ext. 1039
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
3/27/23 Chicken Fingers with Pretzel Stick or Turkey & Cheese Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	3/28/23 Cheese & Chicken Quesadilla ^{New Item} or Turkey & Cheese Hoagie Featured Veggies: Seasoned Corn Fresh Vegetables Choice of Fruit Choice of Milk	3/29/23 Hamburger or Cheeseburger on a Bun or Turkey & Cheese Hoagie Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	3/30/23 Corn Dog on a Stick or Turkey & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk	3/31/23 Macaroni & Cheese or Turkey & Cheese Hoagie Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk
4/3/23 Cheese Filled Breadstick Marinara Sauce or Italian Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	4/4/23 Walking Tacos with Tortilla Chips or Italian Hoagie Featured Veggies: Seasoned Corn Fresh Vegetables Choice of Fruit Choice of Milk	4/5/23 Act 80 Day Grab & Go Lunch Available Wycallis Parents: Please sign the online form to purchase a lunch.	4/6/23 EASTER BREAK NO SCHOOL	4/7/23 EASTER BREAK NO SCHOOL
4/10/23 EASTER BREAK NO SCHOOL	4/11/23 Chicken Patty on a Bun or Ham & Cheese Hoagie Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	4/12/23 Hamburger or Cheeseburger on a Bun or Ham & Cheese Hoagie Featured Veggies: Seasoned Corn Fresh Vegetables Choice of Fruit Choice of Milk	4/13/23 Breakfast for Lunch Mini Pancakes Sausage Patty or Ham & Cheese Hoagie Featured Veggies: Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	4/14/23 Cheese Pizza or Ham & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk
4/17/23 Pepperoni Pizza Filled Breadsticks or Turkey & Cheese Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	4/18/23 Popcorn Chicken with Pretzel Stick or Turkey & Cheese Hoagie Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	4/19/23 Hot Dog on a Bun or Turkey & Cheese Hoagie Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	4/20/23 Breaded Fish Sticks with Dinner Roll or Turkey & Cheese Hoagie Featured Veggies: Seasoned Corn Fresh Vegetables Choice of Fruit Choice of Milk	4/21/23 Pierogies with Dinner Roll or Turkey & Cheese Hoagie Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk
4/24/23 Corn Dog on a Stick or Italian Hoagie Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	4/25/23 Hamburger or Cheeseburger on a Bun or Italian Hoagie Featured Veggies: Seasoned Corn Fresh Vegetables Choice of Fruit Choice of Milk	4/26/23 Chicken Fingers with Pretzel Stick or Italian Hoagie Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk	4/27/23 Cheese Filled Breadstick Marinara Sauce or Italian Hoagie Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	4/28/23 Cheese Pizza or Italian Hoagie Featured Veggies: Steamed Carrots Fresh Vegetables Choice of Fruit Choice of Milk