

November  
2023



Elementary School Lunch Menu

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price.  
A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk

**Weekly Vegetable Subgroups May Include:**  
Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas & lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

**Daily Fruit Selections May Include:**  
Oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Weekly Hoagie Selection**

To add funds to your child's account, please visit:  
[SCHOOLCAFE.COM](http://SCHOOLCAFE.COM)

**\*\*Menu subject to change due to product availability\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
		11/1/23 Walking Tacos with Chips or Turkey & Cheese Hoagie  Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	11/2/23 Hamburger or Cheeseburger on a Bun or Turkey & Cheese Hoagie  Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk	11/3/23 Chicken Fingers Pretzel Stick or Turkey & Cheese Hoagie  Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk
11/6/23 Fish Sticks Dinner Roll or Italian Hoagie  Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk	11/7/23 Walking Tacos with Chips or Italian Hoagie  Featured Veggies: Seasoned Corn Fresh Vegetables Choice of Fruit Choice of Milk	11/8/23 Chicken Patty on a Bun or Italian Hoagie  Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	11/9/23 Pierogies Dinner Roll or Italian Hoagie  Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	11/10/23  NO SCHOOL
11/13/23 Corn Dog on a Stick or Ham & Cheese Hoagie  Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	11/14/23 Soft Shell Tacos Topping Bar or Ham & Cheese Hoagie  Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	11/15/23 Hot Dog on a Bun or Ham & Cheese Hoagie  Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	11/16/23 Homestyle Chicken Tenders Mashed Potatoes Gravy & Dinner Roll Holiday Dessert or Ham & Cheese Hoagie  Featured Veggies: Mashed Potatoes Fresh Vegetables Choice of Fruit Choice of Milk	11/17/23 Cheese Pizza or Ham & Cheese Hoagie  Featured Veggies: Steamed Peas Fresh Vegetables Choice of Fruit Choice of Milk
11/20/23 Pepperoni Pizza Filled Breadsticks or Turkey & Cheese Hoagie  Featured Veggies: Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	11/21/23 Nacho Grande Topping Bar or Turkey & Cheese Hoagie  Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	11/22/23 Grab & Go Lunch Available  Wycallis Parents: Please sign the online form to purchase a lunch.	11/23/23  NO SCHOOL THANKSGIVING BREAK	11/24/23  NO SCHOOL THANKSGIVING BREAK
11/27/23  NO SCHOOL THANKSGIVING BREAK	11/28/23 Walking Tacos with Chips or Italian Hoagie  Featured Veggies: Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	11/29/23 Hamburger or Cheeseburger on a Bun or Italian Hoagie  Featured Veggies: Green Beans Fresh Vegetables Choice of Fruit Choice of Milk	11/30/23 Breaded Popcorn Chicken Dinner Roll or Italian Hoagie  Featured Veggies: Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	

**Lunch Prices**  
Student \$2.55  
Reduced \$ .00  
Adult \$4.00

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