



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Mini Cinni Fruit 100% Fruit Juice Milk	4 Whole Grain Donut Sticks Fruit 100% Fruit Juice Milk	5 Whole Grain Blueberry Breakfast Bread Fruit 100% Fruit Juice Milk	6 Apple Frudel Fruit 100% Fruit Juice Milk	7 Whole Grain Banana Muffin With Graham Crackers Fruit 100% Fruit Juice Milk	<p>What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate</p>
10 Whole Grain Donut Fruit 100% Fruit Juice Milk	11 Whole Grain Blueberry Muffin With Graham Crackers Fruit 100% Fruit Juice Milk	12 Whole Grain Cinnamon Bun Fruit 100% Fruit Juice Milk	13 Whole Grain Banana Breakfast Bread Fruit 100% Fruit Juice Milk	14 Mini Filled Bagels Fruit 100% Fruit Juice Milk	
17 NO SCHOOL	18 NO SCHOOL	19 Whole Grain Blueberry Breakfast Bread Fruit 100% Fruit Juice Milk	20 Apple Frudel Fruit 100% Fruit Juice Milk	21 Whole Grain Banana Muffin With Graham Crackers Fruit 100% Fruit Juice Milk	
24 Whole Grain Donut Fruit 100% Fruit Juice Milk	25 Whole Grain Blueberry Muffin With Graham Crackers Fruit 100% Fruit Juice Milk	26 Whole Grain Cinnamon Bun Fruit 100% Fruit Juice Milk	27 Whole Grain Banana Breakfast Bread Fruit 100% Fruit Juice Milk	28 Mini Filled Bagels Fruit 100% Fruit Juice Milk	

Your Team

Anna Bayer, General Manager
570-674-7234
ma1042@metzcorp.com

Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$3.00





Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
Chicken Tenders with Roll ³ Featured Veggies Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	Classic Sloppy Joe on Or Italian Hoagie Featured Veggies Steamed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	Roasted Turkey Mashed with Gravy Or Italian Hoagie Featured Veggies Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Pulled Pork Or Italian Hoagie Featured Veggies French Fries Fresh Vegetables Choice of Fruit Choice of Milk	Breaded Fish Patty On a Bun Or Italian Hoagie Featured Veggies Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	<p>What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p>Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p>Choice of Milk 1% white, fat-free chocolate</p> <p>Daily Alternate Salad Entree Peanut Butter and Jelly</p>
Steak & Cheese Hoagie Or Turkey & Cheese Hoagie Featured Veggies Smiley Fries Fresh Vegetables Choice of Fruit Choice of Milk	Cheeseburger or Hamburger on a Bun Or Turkey & Cheese Hoagie Featured Veggies Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	Egg & Cheese English Muffin Sandwich Or Turkey & Cheese Hoagie Featured Veggies Tator Tots Fresh Vegetables Choice of Fruit Choice of Milk	BBQ Rib Patty On a Roll Or Turkey & Cheese Hoagie Featured Veggies Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	½ Day Bagged Lunch Available	
NO SCHOOL ¹⁷	NO SCHOOL ¹⁸	Chicken Tenders With Buttered Noodles Or Ham & Cheese Hoagie Featured Veggies Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Patty on a Bun Or Ham & Cheese Hoagie Featured Veggies Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk	Breaded Fish Sticks Dinner Roll Or Ham & Cheese Hoagie Featured Veggies Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk	
BBQ Ham On a Bun Or Italian Hoagie Featured Veggies Emoji Fries Fresh Vegetables Choice of Fruit Choice of Milk	Macaroni & Cheese Or Italian Hoagie Featured Veggies Stewed Tomatoes Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chicken Buttered Noodles Or Italian Hoagie Featured Veggies Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk	Hot Dog Topping Bar Or Italian Hoagie Featured Veggies Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk	Pepperoni Pizza Bosco Stick Or Italian Hoagie Featured Veggies Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk	

Your Team
 Anna Bayer, General Manager
 570-674-7234
 ma1042@metzcorp.com

Meal Prices

Student Breakfast	\$2.55
Reduced Breakfast	\$0.00
Faculty Breakfast	\$4.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.