



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Mini Cinni  Assorted Cereals or Cereal Bar with Graham Crackers	4 Whole Grain Donut  Assorted Cereals or Cereal Bar with Graham Crackers	5 Egg and Cheese On a Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	6 Apple Frudel  Assorted Cereals or Cereal Bar with Graham Crackers	7 Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	<p><b>What is a Meal?</b> You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals (served with Graham Crackers)</b> MAY INCLUDE: Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free chocolate</p>
10 Mini Maple Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	11 Egg and Cheese On a Croissant  Assorted Cereals or Cereal Bar with Graham Crackers	12 Whole Grain Cinnamon Bun  Assorted Cereals or Cereal Bar with Graham Crackers	13 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	14 Mini Filled Bagels  Assorted Cereals or Cereal Bar with Graham Crackers	
17 NO SCHOOL	18 NO SCHOOL	19 Egg and Cheese On a Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	20 Apple Frudel  Assorted Cereals or Cereal Bar with Graham Crackers	21 Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	
24 Mini Maple Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	25 Egg and Cheese On a Croissant  Assorted Cereals or Cereal Bar with Graham Crackers	26 Whole Grain Cinnamon Bun  Assorted Cereals or Cereal Bar with Graham Crackers	27 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	28 Mini Filled Bagels  Assorted Cereals or Cereal Bar with Graham Crackers	

**Your Team**  
Anna Bayer, General Manager  
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**Meal Prices**  
Student Breakfast \$0.00  
Reduced Breakfast \$0.00  
Faculty Breakfast \$3.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3 Chicken Tenders with Roll</p> <p><b>Featured Veggies</b> Stuffing Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>4 Walking Taco Topping Bar</p> <p><b>Featured Veggies</b> Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>5 Classic Sloppy Joe on Roll</p> <p><b>Featured Veggies</b> Steamed Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>6 Pulled Pork Or Italian Hoagie</p> <p><b>Featured Veggies</b> French Fries Coleslaw Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>7 Breaded Fish Patty On a Bun</p> <p><b>Featured Veggies</b> Tater Tots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p><b>What is a Meal?</b> You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free chocolate</p> <p><b>Daily Alternates</b> Cheeseburger Hamburger Chicken Patty Spicy Chicken Patty</p> <p><b>Fresh Baked Pizza</b></p> <p><b>Fresh Entree Salad</b> May include Chef, Chicken, Garden, Spicy Chicken</p> <p><b>Hoagies and Wraps</b> May include Ham and Cheese, Turkey and Cheese, Italian, Chicken and Spicy Chicken</p> <p><b>PBJ Craveable Meal</b></p>
<p>10 Steak &amp; Cheese Hoagie</p> <p><b>Featured Veggies</b> Smiley Fries Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>11 Cheese Ravioli Marinara Sauce Garlic Bread Stick</p> <p><b>Featured Veggies</b> Green Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>12 Mountaineer Hoagie <i>Buffalo Chicken Hoagie</i></p> <p><b>Featured Veggies</b> Steamed Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>13 BBQ Rib Patty On a Roll</p> <p><b>Featured Veggies</b> Baked Beans Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>14 ½ Day Bagged Lunch Available</p>	
<p>17 NO SCHOOL</p>	<p>18 NO SCHOOL</p>	<p>19 Buffalo Chicken Bites Choice of Sauce With Buttered Noodles</p> <p><b>Featured Veggies</b> Steamed Corn Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>20 Steak and Cheese Sandwich</p> <p><b>Featured Veggies</b> Sidewinder Fries Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>21 Chicken Alfredo Garlic Breadstick</p> <p><b>Featured Veggies</b> Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>	
<p>24 Grilled Cheese Sandwich</p> <p><b>Featured Veggies</b> Emoji Fries Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>25 Macaroni &amp; Cheese</p> <p><b>Featured Veggies</b> Stewed Tomatoes Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>26 Popcorn Chicken Buttered Noodles</p> <p><b>Featured Veggies</b> Mixed Vegetables Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>27 Sesame Chicken Steamed Rice</p> <p><b>Featured Veggies</b> Steamed Broccoli Fresh Vegetables Choice of Fruit Choice of Milk</p>	<p>28 Pepperoni Pizza Bosco Stick</p> <p><b>Featured Veggies</b> Glazed Carrots Fresh Vegetables Choice of Fruit Choice of Milk</p>	

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**Meal Prices**

Student Breakfast	\$2.65
Reduced Breakfast	\$0.00
Faculty Breakfast	\$4.00

