



**Meet Your Nutritious Friend:  
"Papa" Corn**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Whole Grain Blueberry Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	2 Whole Grain Cinnamon Bun  Assorted Cereals or Cereal Bar with Graham Crackers	3 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	4 Mini Filled Bagels  Assorted Cereals or Cereal Bar with Graham Crackers	<p><b>What is a Meal?</b> You must choose at least 3 of the 4 components available for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.</p> <p><b>Whole Grain Cereals (served with toast)</b> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Rice Crunch, Kix, Cheerios, Froot Loops, Frosted Flakes</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
7 WG Mini Cinni  Assorted Cereals or Cereal Bar with Graham Crackers	8 Apple Strudel  Assorted Cereals or Cereal Bar with Graham Crackers	9 Whole Grain Breakfast Bread  Assorted Cereals or Cereal Bar with Graham Crackers	10 Mini Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	11 Whole Grain Banana Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	
14 Mini Maple Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	15 Whole Grain Blueberry Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	16 Whole Grain Cinnamon Bun  Assorted Cereals or Cereal Bar with Graham Crackers	17 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	18 Mini Filled Bagels  Assorted Cereals or Cereal Bar with Graham Crackers	
21 WG Mini Cinni  Assorted Cereals or Cereal Bar with Graham Crackers	22 Apple Strudel  Assorted Cereals or Cereal Bar with Graham Crackers	23 Whole Grain Breakfast Bread  Assorted Cereals or Cereal Bar with Graham Crackers	24 Mini Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	25 Whole Grain Banana Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	
28 Mini Maple Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	29 Whole Grain Blueberry Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	30 Whole Grain Cinnamon Bun  Assorted Cereals or Cereal Bar with Graham Crackers	31 Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers		

**Your Team**  
Tracy Drank, General Manager  
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**Meal Prices**  
Student Breakfast \$0.00  
Reduced Breakfast \$0.00  
Faculty Breakfast \$4.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



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Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	Walking Taco Topping Bar Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Steamed Corn Fresh Vegetables Fresh Fruit Choice of Milk	BBQ Rib Patty On Club Roll Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Steamed Peas Fresh Vegetables Fresh Fruit Choice of Milk	Chicken Patty on a Bun Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Steamed Broccoli Fresh Vegetables Fresh Fruit Choice of Milk	Italian Dunkers (V) Marinara Dipping Sauce Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Mixed Vegetables Fresh Vegetables Fresh Fruit Choice of Milk	<p><b>What is a Meal?</b> You must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p><b>Daily Alternates</b> Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps</p> <p><b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p><b>(VG) Vegan</b> <i>These items do not contain any animal products</i></p>
Corn Dog on a Stick Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Steamed Carrots Fresh Vegetables Fresh Fruit Choice of Milk	Nacho Grande Topping Bar Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Steamed Corn Fresh Vegetables Fresh Fruit Choice of Milk	½ Day  Bagged Lunches Available  Wycallis Parents: Please sign the online form to purchase a lunch	Rotini Past with Meatballs & Marinara Dinner Roll Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Green Beans Fresh Vegetables Fresh Fruit Choice of Milk	Cheese Pizza (V) Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Steamed Peas Fresh Vegetables Fresh Fruit Choice of Milk	
Breaded Fish Sticks Dinner Roll Or Italian Hoagie  <b>Featured Veggies</b> Green Beans Fresh Vegetables Fresh Fruit Choice of Milk	Walking Taco Topping Bar Or Italian Hoagie  <b>Featured Veggies</b> Steamed Corn Fresh Vegetables Fresh Fruit Choice of Milk	Breaded Chicken Tenders Dinner Roll Or Italian Hoagie  <b>Featured Veggies</b> Steamed Peas Fresh Vegetables Fresh Fruit Choice of Milk	Cheeseburger or Hamburger on a Bun Or Italian Hoagie  <b>Featured Veggies</b> Mixed Vegetables Fresh Vegetables Fresh Fruit Choice of Milk	Italian Dunkers (V) Marinara Dipping Sauce Or Italian Hoagie  <b>Featured Veggies</b> Steamed Broccoli Fresh Vegetables Fresh Fruit Choice of Milk	
Chicken Patty on a Bun Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Mixed Vegetables Fresh Vegetables Fresh Fruit Choice of Milk	Nacho Grande Topping Bar Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Steamed Corn Fresh Vegetables Fresh Fruit Choice of Milk	Pierogis with Butter Dinner Roll Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Green Beans Fresh Vegetables Fresh Fruit Choice of Milk	Cheese Pizza (V) Or Turkey & Cheese Hoagie  <b>Featured Veggies</b> Steamed Peas Fresh Vegetables Fresh Fruit Choice of Milk	½ Day  Bagged Lunches Available  Wycallis Parents: Please sign the online form to purchase a lunch	
Breaded Chicken Nuggets Dinner Roll Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Mixed Vegetables Fresh Vegetables Fresh Fruit Choice of Milk	Walking Taco Topping Bar Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Steamed Corn Fresh Vegetables Fresh Fruit Choice of Milk	Hot Dog on a Bun Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Baked Beans Fresh Vegetables Fresh Fruit Choice of Milk	Cheeseburger or Hamburger on a Bun Or Ham & Cheese Hoagie  <b>Featured Veggies</b> Green Beans Fresh Vegetables Fresh Fruit Choice of Milk		

**Your Team**  
Name Here, General Manager  
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**Meal Prices**

Student Lunch	\$2.55
Reduced Lunch	\$0.00
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