

August/September
2023

Dallas Breakfast Menu
Wycallis Primary School



Monday	Tuesday	Wednesday	Thursday	Friday
			8/24/23	8/25/23
			Blueberry Muffin Graham Cracker	Whole Grain Banana Bread
			Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
8/28/23	8/29/23	8/30/23	8/31/23	9/1/23
Maple Flavored Mini French Toast	Whole Wheat Cinnamon Bun	Mini Pancakes	Whole Grain Apple Cinnamon Muffin Graham Cracker	Cinnamon Toast Crunch Breakfast Bread
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
9/4/23	9/5/23	9/6/23	9/7/23	9/8/23
NO SCHOOL LABOR DAY	Banana Muffin Graham Cracker	Cinni Mini	Mini Pancakes	Whole Grain Blueberry Bread
	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
9/11/23	9/12/23	9/13/23	9/14/23	9/15/23
Whole Grain Apple Cinnamon Muffin Graham Cracker	Whole Grain Mini Waffles	Whole Wheat Cinnamon Bun	Blueberry Muffin Graham Cracker	Whole Grain Banana Bread
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
9/18/23	9/19/23	9/20/23	9/22/23	9/23/23
Maple Flavored Mini French Toast	Whole Wheat Cinnamon Bun	Mini Pancakes	Whole Grain Apple Cinnamon Muffin Graham Cracker	Cinnamon Toast Crunch Breakfast Bread
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
9/26/23	9/27/23	9/28/23	9/29/23	9/30/23
Whole Wheat Cinnamon Bun	Banana Muffin Graham Cracker	Cinni Mini	Mini Pancakes	Whole Grain Blueberry Bread
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
General Manager	570-674-7208 ext. 1039	ma1042@metzcorp.com	schoolcafe.com	

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of:
Grain or grain/protein
Choice of fruit or vegetable
(You must take at least 1/2 cup of fruit or vegetable)

&

Choice of Milk
1% white or chocolate

Fruit Options

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges and 100% juice, as well as assorted fresh fruit selections.

Whole Grain Cereal Selection
May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Cheerios
- Fruit Loops
- Frosted Flakes

(Served with an additional grain)



Menu subject to change based on product availability from our vendors



~This institution is an~
~equal opportunity provider~